



PSHE and Relationship Provision

Intent, Implementation and Impact

Intent	Implementation	Impact
<p>St Bryn St Peter's CE Primary, our PSHE and relationship scheme of work is designed to support pupils through their spiritual, moral, social, emotional and physical development, and prepare them for the opportunities, responsibilities and experiences of life.</p> <p>Through these lessons, children will learn;</p> <ul style="list-style-type: none"> • how to stay safe and healthy • build and maintain successful relationships • become active citizens, responsibly participating in society around them. <p>Each lesson promotes;</p> <ul style="list-style-type: none"> • everybody's value in society • having an appreciation of others • promoting strong and positive views of self. <p>Our scheme aims to cover a wide range of the social and emotional aspects of learning, enabling children to develop their identity and self-esteem as active, confident members of their community.</p> <p>The themes and topics support social, moral, spiritual and cultural development and provide children with protective teaching on essential safeguarding issues, developing their knowledge of when and how they can ask for help.</p> <p>Our scheme of work covers all of the required objectives and follows the three core areas of Health and Wellbeing, Relationships and Living in the Wider World. The scheme of work fulfils the requirements of 2020 Statutory Relationships and Health Education, setting these learning intentions in the context of a broad and balanced PSHE and Relationships Education.</p>	<p>Our PSHE and relationship scheme of work is centred around the HeartSmart scheme which is taught in five thematic units, consisting of seven lessons, each with supporting materials. See the attached files for detail of coverage.</p> <p>These thematic units are taught to each year group each year; this enables children to recall and build upon previous learning, exploring the underlying principles of PSHE and relationship regularly.</p> <p>Alongside HeartSmart, the children experience the Life Education Caravan provided by Coram Life Education. This takes place on alternate years. See attached file for detail of coverage.</p> <p>HeartSmart units are designed to be delivered in a creative manner, using many approaches such as role play, discussion and games with groups of various sizes. These activities enable children to build confidence and resilience.</p> <p>Relationships and Sex Education is delivered in Y5 and Y6 by HH Kids. See attached file for coverage.</p> <p>Citizenship and Britishness is taught by weekly class assemblies based around the Picture News resources.</p>	<p>As a result:</p> <ul style="list-style-type: none"> • Children are enabled to develop the vocabulary and confidence needed to clearly articulate their thoughts and feelings in a climate of openness, trust and respect. • They know when and how they can seek the support of others. • Children are enabled to apply their learning from the classroom to the wider community of which they are a part. • Physical and mental health and wellbeing is prioritised, providing children with skills to evaluate and understand their own wellbeing needs, to practise self-care and to contribute positively to the wellbeing of those around them. • All children are able to develop the knowledge, skills and attributes they need to succeed at school and in the wider world. <p>Successful PSHE education can have a positive impact on the whole child, including their academic development and progress, by mitigating any social and emotional barriers to learning and building confidence and self-esteem.</p> <p>Evidence suggests that successful PSHE education also helps disadvantaged and vulnerable children achieve to a greater extent by raising aspirations and empowering them with skills to overcome barriers they face.</p>