

# Year 1

	AUTUMN 1	AUTUMN 2
TOPIC 1	Ball Skills at the Zoo (Invasion)	Dance The UK - Weather
TOPIC 2	Fun with Quoits & Cones (Athletics)	Gym - Jumping & Balancing

	SPRING 1	SPRING 2
TOPIC 1	Running and Jumping (Athletics)	Dance Animals - Jungle
TOPIC 2	Balance & Control - Striking (Net Games)	Gym - Position & Direction

	SUMMER 1	SUMMER 2
TOPIC 1	Athletics- FUNDamentals	Creative Play (Outdoor Adventure)
TOPIC 2	Partner Games (Strike & Field)	Ball Control (Invasion)