



Our Autumn / Winter menus are planned to meet the food based standards for food in schools and are checked using a recognised programme to analyse nutrition. Over 75% of our dishes are homemade and freshly prepared using tried and tested traditional recipes we know children will love and there's always seasonal fresh fruit, salad and vegetables available daily along with a bread basket and a choice of drink.

Percy Pea Pod packed lunches are also available on request and subject to the schools requirements.



Week 1	Monday		Tuesday		Wednesday		Thursday		Friday		
	Hot Meal Options	Cheese and Tomato Pizza Homemade cheese and tomato pizza slice served with potato wedges and chopped salad	Jacket Potato Jacket potato served with a choice of filling and chopped salad	Chicken and Sweet Potato Bake Homemade chicken and sweet potato bake served with carrots and peas	Homemade Minced Beef Pie Homemade minced beef and onion pie served with new potatoes carrots and gravy	Roast of the day Roast of the day served with gravy, roast potatoes and broccoli	Southern Style Chicken Wrap Fresh chicken fillet with a southern style crispy crumb coating served in a tortilla wrap with herby diced potato and cauliflower	Chefs Special Chicken Curry of the Day Chicken curry and Tilda rice served with naan bread and seasonal vegetables	Cheese Whirl Homemade cheese whirl served with potato wedges and baked beans	Fish and Chips Harry Ramsdens oven baked fish fillet in batter served with oven baked chips and garden peas	Crispy Chicken Crispy chicken fillet served with pasta salad and sweetcorn
	Cold Option	Sandwiches Assorted filled sandwiches served with unlimited salad from the salad bar		Baguette Assorted filled small baguette with a choice of cheese, ham and tuna filling and chopped salad		Wrap Assorted filled wraps with a choice of cheese, ham and tuna filling and chopped salad		Toasties Toasties served with a variety of filling and chopped salad		Sandwiches Assorted filled sandwiches served with unlimited salad from the salad bar	
Dessert	Chocolate crunch / Fresh fruit / Yogurt / Homemade biscuit		Courgette and lemon cup cake / Fresh fruit / Yogurt / Homemade biscuit		Traditional rice pudding and pears / Fresh fruit / Yogurt / Homemade biscuit		Raspberry Bun / Fresh fruit / Yogurt / Homemade biscuit		Chocolate and mandarin sponge and custard / Fresh fruit / Yogurt / Homemade biscuit		

Week 2	Monday		Tuesday		Wednesday		Thursday		Friday		
	Hot Meal Options	Pasta Bolognese Homemade pasta Bolognese served with garlic bread and seasonal vegetables	Jacket Potato Jacket potato served with a choice of filling and chopped salad	Meat and Potato Pie Homemade meat and potato pie served with potato wedges sweetcorn and gravy	Theo's Flavoured Chicken Wraps Theo's flavoured chicken served in a tortilla wrap with seasoned potato wedges and chopped salad	Roast of the Day Roast of the day served with gravy, roast potatoes and cauliflower	Homemade Cheese and Tomato Pizza Muffin Homemade savoury pizza muffins served with creamed potato and baked beans	Chefs Special Chicken Curry of the Day Chicken curry and Tilda rice served with naan bread and sweetcorn	Southern Style Chicken Fresh chicken fillet with a southern style crispy crumb coating served with herby diced potatoes and carrots	Fish Fingers Oven baked Birds Eye fish fingers served with oven baked chips and garden peas	Beef Burger 100% beef burger on a bun served with potato wedges and garden peas
	Cold Option	Sandwiches Assorted filled sandwiches served with unlimited salad from the salad bar		Wrap Assorted filled wraps with a choice of cheese, ham and tuna filling and chopped salad		Sandwiches Assorted filled sandwiches served with unlimited salad from the salad bar		Toasties Toasties served with a variety of filling and chopped salad		Sandwiches Assorted filled sandwiches served with unlimited salad from the salad bar	
Dessert	Apple pie and custard / Fresh fruit / Yogurt / Homemade biscuit		Homemade decorated vanilla muffin / Fresh fruit / Yogurt / Homemade biscuit		Vanilla and oat cookies / Fresh fruit / Yogurt / Homemade biscuit		Homemade carrot cake / Fresh fruit / Yogurt / Homemade biscuit		Chocolate crispy cake / Fresh fruit / Yogurt / Homemade biscuit		

Week 3	Monday		Tuesday		Wednesday		Thursday		Friday		
	Hot Meal Options	Cheese and Ham Pizza Homemade cheese and ham pizza slice served with herby diced potatoes and chopped salad	Lasagne Homemade lasagne layers of mince beef and pasta topped with cheese sauce served with garlic bread and chopped salad	Chefs Special Chicken Curry of the Day Chicken curry and Tilda rice served with naan bread and sweetcorn	Jacket Potato and Tuna Jacket potato served with a fresh tuna filling and chopped salad	Roast of the Day and Yorkshire Pudding Roast of the day served with Yorkshire pudding, gravy, roast potatoes and seasonal vegetables	Tomato Pasta Bake Pasta baked in a tomato and herb sauce topped with cheese served with crusty bread and chopped salad	Cheese and Ham Macaroni Macaroni pasta in a cheese and ham sauce served with garlic bread	Theo's Flavoured Chicken Wraps Theo's flavoured chicken served in a tortilla wrap with potato wedges and broccoli	Sausage Roll Sausage roll served with oven baked chips and baked beans	Fish and Chips Harry Ramsdens oven baked fish fillet in batter served with oven baked chips and mushy peas
	Cold Option	Sandwiches Assorted filled sandwiches served with unlimited salad from the salad bar		Toasties Toasties served with a variety of filling and chopped salad		Wrap Assorted filled wraps with a choice of cheese, ham and tuna filling and chopped salad		Baguette Assorted filled small baguette with a choice of cheese, ham and tuna filling and chopped salad		Sandwiches Assorted filled sandwiches served with unlimited salad from the salad bar	
Dessert	Chocolate sponge and chocolate custard / Fresh fruit / Yogurt / Homemade biscuit		Apple crumble and custard / Fresh fruit / Yogurt / Homemade biscuit		Flapjack / Fresh fruit / Yogurt / Homemade biscuit		Courgette and lemon cup cake / Fresh fruit / Yogurt / Homemade biscuit		Fruit jelly and ice cream / Fresh fruit / Yogurt / Homemade biscuit		

Menu A

Menu B

Menu C

Menu D

Weekly Menu Cycle

Week 1

Week 2

Week 3

November

Mon	Tue	Wed	Thur	Fri
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

December

Mon	Tue	Wed	Thur	Fri
1	2	3	4	
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

January

Mon	Tue	Wed	Thur	Fri
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

February

Mon	Tue	Wed	Thur	Fri
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29				

March

Mon	Tue	Wed	Thur	Fri
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	